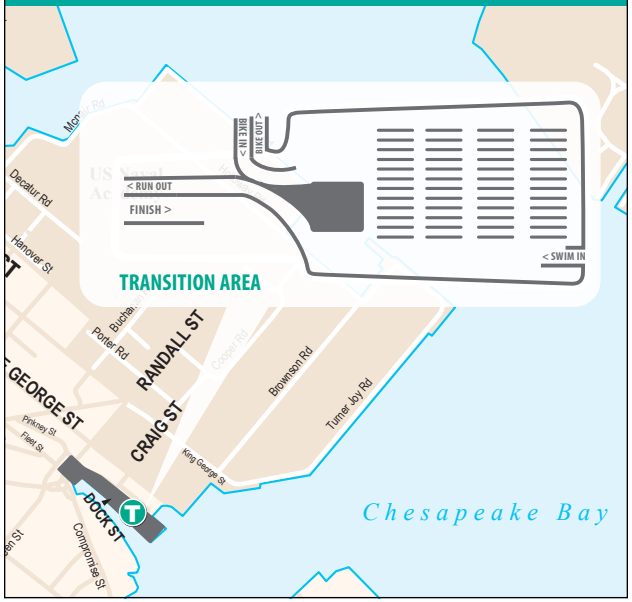
swim | 500m

transition



bike | 12 mi.

run | 3.1 mi.

LAND ROVER TRIROCK ANNAPOLIS™

LAND ROVER TRIROCK TRIATHLON SERIES™

Transition T

Bands